with you every step of the way



Event Essex Conference Lunch Menus

£8.25 per person

Menu A

Round Premium Sandwich Selection
Homemade Vegetarian Tartlet of the Day
(GI, E, M)
Red Thai Chicken Skewer (GF)
Butternut Squash & Quinoa Bites (GI,
Wheat, Barley, M, Cel, Mus)
Millionaire Tarts (GI, Wheat, E, Soy, M)

Menu B

Mini Roll Platter
Southern Fried Chicken Goujons (Wheat)
Pulled Pork Croquette (GI, Wheat, M)
Sweet Potato Curry Turnover (Vegan) (Mus,
Wheat)
Mini Macaroons (E, M, N, Soy, Barley)

Menu C

Round Classic Sandwich Selection Homemade Piri Piri Chicken Skewer Cheese & Onion Roll (Gl, M, Wheat) Vegetable Cudités (M) Mini Eclairs (E, M, Wheat)

Event Essex and Essex Food support the following sustainable organisations:













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