

EBS Building Refreshments 2017

Hot and cold drinks

Orange, Apple or Cranberry juice (1L carton)	£2.50
Innocent Premium Juice – Orange, Orange with bits or Apple (300ml)	£2.75
Filter water (still or sparkling 1ltr)	£2.00
Freshly brewed Fairtrade coffee, traditional, fruit and herbal teas (each) (served in biodegradable cups)	£1.50

Fresh fruit, biscuits and cakes

Individual fresh fruit – apple, orange, banana, pear, plum (each)	£0.75
Tiptree teatime cake assortment	£1.50
Twin pack border biscuits	£0.60

Breakfast items

(available from 8am – 10.30am)

Greek yogurt pot with honey, blueberries and toasted seeds	£2.75
Croissant or pain au choc with Tiptree preserves	£1.95
Breakfast Danish pastry	£1.50
Local Essex bacon bap with Tiptree ketchup	£2.95
Grilled pork sausage bap with Tiptree ketchup	£2.95
Vegetarian Glamorgan sausage bap	£2.95

Sustainable sourcing (updated 9/3/2016)

Sustainability is vital and we ask our Hospitality Department to source food and beverage products with integrity and we are proud to include the following in our conference menus:

- *Free range Eggs*
- *Fair Trade Products – Tea, Coffee & Sugar*
- *Sustainable Palm Oil – eliminate or certificated*
- *Sustainable Soya - all farmed in Canada/N America so not subject to deforestation*
- *Sustainable Fish – no endangered or at risk species, all catch methods sustainable and avoiding by-catch of non-target species*
- *Animal Welfare – all animals for meat sourced from satisfactory welfare management systems*

Lunch Selection Sandwiches and wraps

Choose from our range of fresh sandwiches and wraps to suit any occasion. We deliver one round per person, served on a selection of white, wholemeal and granary bread.

Classic range	£3.50
This simple selection of sandwiches is perfect for a working lunch including Roast chicken salad, tuna mayo and cucumber, cheddar ploughmans, ham and cheese, ham salad, tuna and sweetcorn, cheese and onion or chicken mayo and sweetcorn.	
Executive range	£3.95
Treat your guests with this stylish range of sandwiches including Prawn mayo, falafel, smoked salmon and cream cheese, coronation chicken, cheese and red onion, BLT, beef and horseradish, free range egg and roasted tomato.	
Wrap selection	£3.95
Hoi sin duck, chicken Caesar, chicken fajita, mozzarella and tomato.	
Bonds working lunch menu	£5.00
Classic selection of sandwiches, hand cut crisps or Penn State pretzels, piece of seasonal fruit.	
Bonds packed lunch box	£6.95
Classic sandwich, hand cut crisps or Penn State pretzels, piece of seasonal fruit, muffin and 500ml bottled water.	
Hot add-on items	
Pork sausage rolls x2	£1.50
Vegetarian tartlet x2	£2.50

****All prices exclude Vat****

Due to location of the Essex Business School building, the following terms and conditions apply:

- Tea, coffee and biscuits/cakes orders are up to a maximum of 100 people
- For orders that require a member of staff to serve, an additional charge of £6.00 per half hour applies.
- For all breakfast and lunch menus a maximum booking of 50 people applies. For orders over 50 people, catering will be delivered by the Central Hospitality team.
- Essex Business School delivered catering by Bonds' hours of operation are Monday - Friday 8am to 4pm. Orders delivered outside of these hours will be made by the Central Hospitality team.
- The full delivered catering menu is available to be delivered to the EBS Building, a £10 per day delivery charge will apply to any catering which is delivered by the Central Hospitality team